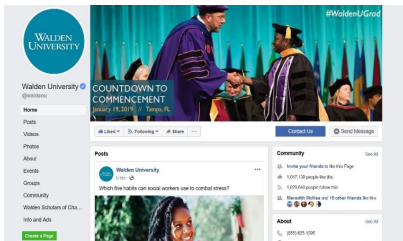


➤ **Psychology News**

**Psychology news:**



**Contact your Academic Program Leader**

Questions? Concerns? Praises? Contact your Academic Program leader.



**Patricia Costello, PhD**  
Program Director  
[E-mail Me](#)

[Join the Walden Community](#)

[BACK TO TOP](#)

**Participate in psychology research – check out Walden’s Participant Pool: <https://walden.sona-systems.com/default.aspx>. You must first create an account.**

[BACK TO TOP](#)

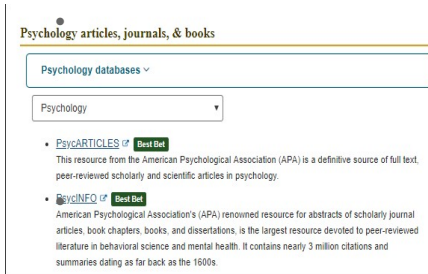
➤ **FEATURE STORIES**



**Finding Scholarly Resources in the Walden Library**

Get to know the [Psychology Research Homepage](#). This is where you can find all the Library’s psychology resources. You can find other subject research homepages under “Subject Resources” on the [Library homepage](#).

- Try a Best Bet database, like PsycINFO or Academic Search Complete (multidisciplinary). You can find both under the “Psychology databases” drop down menu on the research homepage.



Use the search boxes to set up your search. Databases search differently than Google, so make sure to take the main ideas of your topic and enter [one idea/concept into its own search box](#).

Tell the database to return only [full text, peer reviewed \(scholarly\) articles](#) by clicking on those checkboxes on the search page.

Lastly, if you get stuck, use the Library’s [Ask a Librarian](#) email and chat service. The more detailed information you give us about your question and course assignment, the better we’ll be able to help!

Sincerely,

Your librarian Andrea Lemieux

[BACK TO TOP](#)

## Featured BS Psychology Student: Cristoforo Padula

**Where were you born and raised? Have you lived anywhere interesting or exciting?**

I was born in Rome, Italy and was raised in Salerno, Italy, which is in Naples. My father was a diplomat, so we moved a lot in my early years. I lived in Egypt, Japan, England, Russia, India, the U.S. and England while growing up. The most interesting place I lived was Israel. While there I lived and worked on a kibbutz.



**Do you have any hobbies? What do you like to do in your free time?**

I enjoy reading, playing the piano and accordion, archery, and playing bocce ball.

**Why did you return to school for your psychology degree? What was your career before returning to school?**

My soul has always been thirsty for wisdom. I currently serve as a pastor of a church and have had a long career as an opera singer.

**What has been your favorite class at Walden and why?**

What surprised me is that I liked math and biology even though I am a psychology major. All of my psychology classes have been fabulous.

**What are your future plans, both for your degree and in general?**

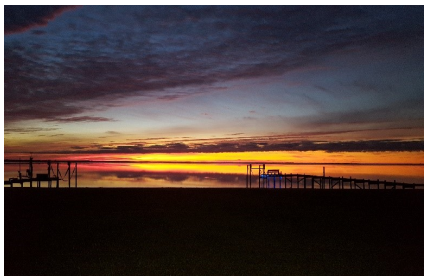
I wish to work as an addiction counselor and obtain a Master's degree in counseling so that I can help more people.

**What advice would you give to other B.S. Psychology students?**

Persistence is the key. Enjoy this time as you will never again be exposed to such a breadth of different topics.

[BACK TO TOP](#)

## Faculty Feature: Dr. Donna Busarow



### Background

Dr. Donna Busarow started working for Walden in 2010 as a Contributing Faculty member. She took on the role of Senior Faculty in 2017. Dr. Busarow has a Doctorate in Family Psychology and a Master's in Guidance and Counseling. She has been teaching at both the Graduate and Undergraduate levels for about 20 years. Dr. Busarow worked in clinical practice specializing in marriage and family concerns and all aspects of psychological testing. Her career has allowed her the opportunity to interact with diverse individuals from all age ranges and economic backgrounds while servicing a variety of needs including academic and career advisement, interpersonal relationship counseling, career, neurological, intelligence and behavior testing and interpretation, and developing student and faculty skills for success. In 2017 she and her family moved to the Panhandle of Florida and she has her dream home on the water.

### Other Related Work

Dr. Busarow's research is in the area of time management and online learning success. She is currently working on a study to review learning style and success in online, entry level psychology program to see if specific learning styles impact student performance and success. Dr. Busarow has co-authored a book on time management and presented at a conference regarding student success and time management.

Dr. Busarow has taught various courses for Walden, but regularly teaches PSYC 4010 Psychology Capstone. Dr. Busarow's hobbies include group fitness, kayaking, boating, crabbing, fishing, and spending time at the beach.

### Advice

A piece of advice Dr. Busarow gives to her students is to remember to engage in self-care. It can be easy to forget about one's mental and physical health, so she encourages students to find ways to regroup such as yoga, talking with a trusted friend, watching a short comedy, or even exercising. Dr. Busarow also likes to remind students to stay ahead of assignment due dates as this can lessen stress if an emergency pops up which may take their focus and energy. Staying ahead of deadlines makes room in the schedule to recover from things such as family emergencies and computer issues while still giving time to submit work in a timely manner. Finally, Dr. Busarow likes to remind her students to be proactive in communication. She encourages students to reach out if they need any help and she appreciates when students ask multiple questions as she is there to help students reach their maximum potential.

[BACK TO TOP](#)

## Dear Wally

*Wally is an expert on all things Walden. If you have questions about anything related to your journey as a Walden student, Wally will be able to point you in the right direction. Sometimes Wally's advice may be helpful to everyone, so here are some of those questions and answers.*



*Dear Wally,*

*In a past article you mentioned properly documenting sources according to APA style. I don't know what you mean by that. Isn't APA just about title pages and headers and reference pages?*

*Sincerely,*

*Sy Tatian*

Dear Sy,

I'm glad you brought this up. Documenting sources is a crucial skill and we need to make sure we get this right. You may have heard the term "academic integrity" at various times because Walden takes this issue very seriously. As scholars, we always give credit where credit is due, and we always provide support for our claims. If you were talking with your friends over lunch, you could say, "Older students are more motivated than younger students," and that would not be a problem. You could even add, "I read it on the internet, so it must be true." In the world of academia, our standards are understandably much higher.

First, we avoid making claims that something is "true" without providing some supporting

evidence. So, when we type a claim into a paper, we include what is called a “citation.” This is a brief indicator that there is research to support what I am saying. Anyone who is interested can take the information in that citation, go straight to my References, and look up the source material. We don’t put all the information in the body of the paper because it would get impossible to read, so a citation just has the author(s) and date of the source. I might post to the discussion board the following: “Evidence suggests that older students are often more motivated than their younger counterparts (McKee, 2018).” I am not asking anyone to take my word for it, or saying I read it somewhere on the internet. I am giving my readers what they need to check behind me and see if my claim is warranted. If I did the same post without the citation, then there would be two problems: I would be making a claim without supporting evidence, and I would also be presenting this as an original thought *of my own*, when in fact it came from someone else’s work. If you came up with a great idea and other people stole it and presented it as their own, you would be justifiably angry.

That is why APA style requires documentation of sources. If you use someone else’s words or ideas, you must give them credit. Failure to do so will trigger an academic integrity inquiry. To be blunt, using someone else’s work and not giving them credit, whether it is intentional or not, is cheating. That is not consistent with the values of Walden or the larger scientific community. So your instructors make a big deal out of this because it is a big deal. We want you to be a successful and respected member of the scientific community and we want to uphold Walden’s Code of Conduct, and proper documentation is crucial to both. As with anything related to writing, [Walden’s Writing Center](#) has some great resources to help you with this. Thanks for writing!

Sincerely,

Wally

[BACK TO TOP](#)



## Financial Aid

Adopted from the Student Affairs fall 2018 Newsletter

We believe education is one of the greatest endeavors of your life. For that reason, Walden would like to encourage you to take advantage of iGrad, a financial literacy website and exclusive online community offering tips, tools, and information about credit card debt, investing, financial aid, and more.

Get started today! To access iGrad, simply:

- 1 - Visit your myWalden portal.
- 2 - Click “Me” in the upper right-hand corner.
- 3 - Select “My Finances.”

Designed for college students, iGrad provides you with access to:

- Financial aid, scholarship, and tuition-reduction resources.
- Smart borrowing information and money-management skills.
- Access to your loan history and repayment options.
- Interactive peer discussions, presentations, and webinars on key issues.

You can also explore the trending topics section, which includes subjects such as finding the right scholarships for you and other valuable information. Additionally, iGrad features a robust career center, where you can browse hundreds of job listings in your field, learn powerful interview strategies, and get one-on-one career guidance from trained counselors. iGrad was designed to give you the tools you need to make the most of your college education. Visit today to discover the wealth of financial literacy resources available to you!

[BACK TO TOP](#)



Walden University is accredited by The Higher Learning Commission and a member of the North Central Association, [www.hlcommission.org](http://www.hlcommission.org).

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